



Mothers & Daughters Camp Saturday 25 April & Sunday 26 April

7 February 2020

Dear Mothers and Female Senior Students,

We would like to invite you to join us on a unique opportunity to connect with each other on a girl's only weekend hike. A weekend in Brisbane State Forest will allow you to relax together, spend time with other mothers and daughters as well as get away from the busyness of life for a night.



If you would like to come on this camp please return the following forms to the Sports Centre Staffroom (or email a scan to outdoored@redlands.qld.edu.au);

1. Mother Daughter Camp Form
2. Medical Information Forms – (one for each of you)
3. Payment Form – please return to public reception

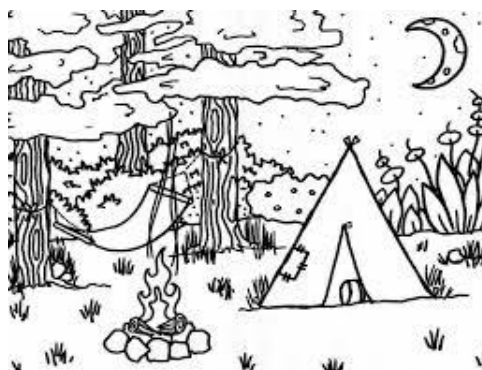
If you are keen to go on a Mothers & Daughters camp but you can't make the April dates, please return the Mothers & Daughters Camp Form with an indication that you would like to attend on another date.

Please feel free to contact me if you have any questions. I can be contacted on 07 3286 0222 or outdoored@redlands.qld.edu.au.

Yours sincerely

Rachel Tattersall
Outdoor Education Coordinator.

Malcolm Oosterbeek
Director of Sport & Activities.



Mother & Daughter Camp Frequently Asked Questions

What's the cost?

\$120 for a pair (mother & daughter)

What's included?

- Dinner on Saturday night, Breakfast & Lunch on Sunday (including tea, coffee & hot chocolate)
- Cooking Stove & Equipment
- Transport from Redlands College (departing 9am on Saturday 25 April and returning 1pm Sunday 26 April 2020)
- Camping
- Staff (Clare Carmona & Rachel Tattersall) to support and guide you through the weekend

What do we need to bring?

- Lunch for Saturday & Snacks to enjoy whilst hiking
- Tent
- Sleeping Bags
- Sleeping Mats
- Basic Toiletries
- Eating Utensils (plates, cups, forks as a minimum)



Do we need to be experienced hikers / campers?

NO! The hike will be short (~6km), we will take plenty of breaks – it's meant to be a relaxing weekend. The staff will be able to help you with pitching tents, etc.

What if we don't own backpacks, tents or sleeping mats?

If you can't borrow them from someone, we suggest you hire from support crew

<http://www.adventuresupportcrew.com.au/>

Is there mobile reception?

Reception is very limited and unreliable. Take the opportunity for a digital detox and to spend time with each other!

What happens if something goes wrong?

Rachel is trained in Remote Area First Aid and we will have satellite communication devices

What about the bathroom?

SEQ Water provide a portable toilet at the campsite for us to use.

Who is the program for?

Girls in Senior School with their mothers.