



REDLANDS COLLEGE

# SPORT BOOKLET



## **Redlands College - School Mission and Values**

Our mission is to foster a Christ-centered school community which, through the co-operation of staff, students and their families, provides students a quality education which values respect for the individual, a commitment to excellence in all endeavors and the desire to develop one's God-given abilities.

### **School Vision**

Our vision is to shape the future in a powerful and positive way by engaging the hearts, minds and hands of our students; from Prep to Year 12. It is our expectation that boys and girls, with promise, become men and women of substance. We recognise the seasons of learning in the lives of our students – exploring their God-given abilities in Junior School, expanding their God-given abilities in Middle School, and extending these in Senior School. Redlands College allows students to experience the full learning journey. facilitated by supportive, meaningful teaching and learning relationships.

### **Values and Philosophy in Sport at Redlands College**

The core value of sport at Redlands College is to support and coach every student to achieve their very best. Our aim is to create better people first and foremost. Through mentoring relationships, coaches nurture and develop athletes physical, social, emotional, spiritual and cognitive capabilities. Better people create better athletes.

### **Staff Credo**

*Psalm 78:4 "We will not hide these truths from our children, we will tell the next generation about the glorious deeds of the Lord, about His power and His mighty wonders."*

### **Philosophy of Sport**

Sport is an integral part of school life at Redlands College. Our extracurricular program delivers quality coaching to teams that compete in a range of competitions. We have a 'sport for all' philosophy and we encourage participation throughout the school, giving students the opportunity to receive appropriate coaching. We undertake national sports tours to further extend the experiences of our athletes and staff.

### **Sport Vision**

Is for Redlands College sport to:

- Influence and inspire athletes to set high expectations for themselves and the school
- Carry the baton and leave a legacy; Leave the jersey in a better state
- Give athletes a sense of belonging and purpose bigger than themselves
- Develop athletes who become ancestors of the school sport culture
- Develop athletes that create a story and add to the ethos of the school by leaving their mark
- Create resilient individuals that benefit their community and enhance the reputation of the school.

## **Sport Aims**

- To promote the opportunity for all students to actively participate in a wide range of individual and team sports
- To develop student qualities of: self-esteem, personal fitness, team commitment, sense of fair play and school spirit
- To provide pathways and support for students to achieve sporting success at the highest levels
- To develop physical skills and strength to ensure that Redlands College fields competitive school sporting teams
- To enhance each student's capacity to make informed lifestyle decisions upon leaving Redlands College
- To pursue excellence at all levels, for individuals and for teams.

## **Structure of Sport**

### **General Information**

Redlands College offers a variety of sports. Students develop their God-given talents and take on new challenges by participating in a range of sporting activities.

There are plenty of opportunities to join sporting teams: Tennis, Soccer, Netball, Beach Volleyball, Basketball, Touch Football, AFL Football, Indoor Volleyball, Swimming and Athletics are offered. The running of any particular sport is subject to sufficient student interest and adequate staff/coach availability.

There are also opportunities to represent Redlands College in competitions and interschool events at local and interstate levels. All students if successful at our school carnival can compete in the annual Bayside College Athletics and Swimming Carnivals which are highlights of the school year.

Students who nominate to participate in sport are expected to be committed to their chosen sport for the season and to fully adhere to the Redlands College Sport Policy. **All sport information will be communicated via student email, Team App, School box and the Redlands College website.**

## Sport Overview

The following sports are available to Secondary students

<b>Sport</b>	<b>Internal Timetabled Sport</b>	<b>External Competitions (Rep Level Sport)</b>
<b>Year 6 - 7</b>	Football Basketball Tennis Softball Baseball Netball Volleyball Futsal Touch Football	Football Basketball Tennis Netball Volleyball Touch Football
<b>Year 8 - 9</b>	Dance Martial Arts Basketball Tennis Baseball Softball Touch Football Personal Training Outdoor rec Cheerleading Rugby League	Basketball Volleyball Netball Beach Volleyball Touch Football Soccer Tennis
<b>Year 10 - 12</b>	Basketball Volleyball Netball Soccer Futsal	Basketball Volleyball Netball Beach Volleyball Touch Football Soccer Tennis AFL Futsal

1. **Interschool timetabled sports teams:** Bayside Interschool sport is a great opportunity to make new friends and be part of a team, develop sporting skills, keep fit and represent Redlands College with pride. Members: Wellington Point SHS, Brisbane Bayside SC, Cleveland DSHS, Wynnum SHS, Capalaba SC, Victoria Point SHS, Alex Hills SHS
2. **Interhouse Carnivals:** Students are encouraged to participate in the Interhouse Carnivals and represent their House to the best of their ability. It is from here that the Interschool team is selected to attend the Bayside competition, with the possible opportunity for higher representation at the Metropolitan East Regional and State levels.
3. **Extra-Curricular Competition Teams:** Training sessions are organised before and/or after school for students to improve their skills and fitness.
4. **Independent representation of the College in District Team Sports:** Students can nominate themselves to be involved in higher levels of competition and progress through the Representative Selection Pathway

The College encourages students to participate in selection trials for a wide variety of sports. **Metropolitan East Regional and State selection:** Information related to these trials will be announced through School Box, Team App and Email. Students can also find information on the sports board at the entrance to the sports centre. Information on finals and students selected for teams will be posted on this board.

Students participating in sport are required to wear the College approved sports uniform, or the playing shirt issues for the season. Certain sports may require the purchase of specific clothing. This will be outlined in the sports information and permission letter sent out prior to the commencement of each sports season. All items are available from the College uniform shop. Non-uniform items of clothing are not permitted at training, competition or during school.

### **Communication:**

The College will endeavor to ensure that the Redlands College sporting community is fully informed about events occurring in the sports arena.

### **Information is distributed via the following channels:**

- Team APP (specific sports only)
- Email
- School box and the Redlands College website.

All students will be emailed to advise of their selection into a team as well as the notification being displayed in respective team apps.

## **Inclement Weather Policy**

The Sports Administrator or Director of Sport will communicate with students/coaches/parents/umpires informing them of all cancellations. If you have not received notification about cancellations, then all games will go ahead. Do not assume games will be cancelled unless you receive notification. Other cancellations will occur through team apps for respective sports.

## **Team Selection:**

At Redlands College we believe that sport should be safe, enjoyable, inclusive as much as possible and should maximise individual participation. We believe that a positive experience in sport will contribute to students developing a lifelong love of sport.

## **What we will do**

- Provide students with a broad range of experiences.
- Consider level of commitment to training sessions/games when selecting teams.
- Insist that attendance at trials is compulsory for consideration into any team.

## **Redlands College Sport Policy**

1. All players are required to attend all meetings, training sessions and games.
2. If a player will be absent from a game or training a parent/guardian (not the player) must notify the appropriate Sport Coordinator through team app absentee group at the earliest possible time, preferably at least one day prior to the game or training session.
3. Students are required to be at all games at least 15 minutes prior to the starting time.
4. Students are required to wear the full correct uniform to, from and during sport.
5. Students, parents and staff must follow the Redlands College Sport Code of Conduct for all sporting events.
6. Transport and supervision:
  - Parents/Guardians must collect their child/children from sport at completion times.
  - Staff, or at times, coaches will supervise for 10 minutes prior to the games or departures and until 10 minutes after its conclusion or return. Parents/Guardians are expected to be punctual and considerate of supervising staff. Families will be billed for extra time.
  - Parents/Guardians have provided contact phone numbers and emergency contact details to the school. Please ensure that these remain up-to-date so that parents/guardians/emergency contacts can be contacted quickly in an emergency.

## **Player Agreements Representative Teams**

Students are expected to train at least twice a week for representative level teams and be available to play the entire tournament to be eligible for team selection.

- School sporting commitments take precedence over any “outside of school” sporting requirements. We are supportive of students playing for clubs, however as our tournaments are not every weekend. Players should advise coaches and conveners as early as possible of availability.
  - Athletes must advise staff and coaches if they are sick or absent with as much time or notice as possible through team app absentee chat within respective sports.
  - Players and parents need to sign specific player agreements prior to being eligible to take the court or field.
- Pre-season training will not interfere with current season preparations.
- All “first” team members could be expected to take part in a year-round strength and conditioning program.
- Players must adhere to the rules and regulations of the respective codes.
- Any student sent from the field of play, for disciplinary reasons, is required to report to the Director of Sport on the Monday morning following the incident.

## **Redlands College Sport - Code of Conduct**

All players, teachers, coaches and spectators are required to follow the codes of behavior outlined below:

### **For Players:**

- Be a good sport
- Play for enjoyment
- Work hard for your team as well as yourself
- Treat all team members and opponents as you enjoy being treated yourself
- Play by the rules
- Cooperate with team and game officials
- Control your behaviour on and off the field
- Learn to value honest effort, skilled performance and improvement.

### **For Coaches:**

- Set a good example for your players
- Encourage and create opportunities
- Teach a wide range of team skills
- Ensure that the sport is appropriate for the age group and the skill development level of the players involved
- Teach your players to be friendly towards officials and opponents
- Give all selected students a chance to participate in training and in games
- Remove from the field of play any players whose behaviour is not acceptable
- Keep your own knowledge of coaching and the developments of the game up to date.

### **For Parents:**

- Encourage participation of your children
- Provide a model of good sporting spirit for your child to copy
- Be courteous in your communication with players, team officials, game officials and sport administrators
- Encourage honest effort, skilled performance and team loyalty
- Make any new parents feel welcome on all occasions
- Do not interfere with the conduct of any events
- Support skilled performances and team play with generous applause
- Demonstrate respect for opposing players and their supporters.

## **Expected behaviours / Terms of Engagement for Parents and Athletes/Players**

It is important that parents, coaches and players have a common understanding of the expected behaviour of each party. This is outlined in the table below and supported by the College's positive and professional home-school partnership.



## Buses

- Requirements for buses are to be arranged by the Sports Administrator (Event Application Form) and the school's transport officer. The event application must be submitted to the Sports Administrator with the Risk Management form prior to a bus being booked through approval. Forms should be submitted a minimum of one week prior to an event.

## Blue Cards

- All external coaches must have a current, paid, Blue Card before commencing coaching. A volunteer blue card is only needed if voluntary capacity only. **NO CARD NO COACH**
- The Director of Sport will arrange for External Coaches to complete the Staff Induction.

## Captain and Vice - Captain Appointments

- Nominations for leadership positions are submitted to the Director of Sport. Nominations are discussed with the Heads of School. Together they will appoint Captains and Vice Captains and as such will announce appointments to the School Community.

## Indoor Sports Centre

- Booking for use of the Indoor Sport Centre: Contact ISC Manager: 38345336

## Sport Safety

- All sporting teams must adhere to safety requirements of the sporting competition entered. This refers, in particular, to: the wearing of mouth guards, helmets and other protective equipment in some sports.
- A medical certificate stating the time that a student can commence participating in sport is required following any injury that requires treatment from a medical practitioner.
- Students will not participate in games until pre-season training requirements are completed.